



Gimel (phonetic value “G”): the camel that carries its own water on the long sojourn across the desert. Numeric value: 3. Planetary association: Moon. Tarot Trump: The High Priestess.

What is Pathworking?

Pathworking is a special kind of guided meditation, based on the Hermetic Kabbalah. Through it, we travel along the various paths of the Tree of Life. Each pathworking is a unique spiritual journey. The goal of pathworking is to gain a more complete understanding of the universe, our place in it, and God's purpose for us.

What is the Kabbalah?

The Kabbalah is a spiritual tradition which emerged when Hebrew mystics incorporated Greek Gnostic ideas in the 1st century CE. There is a Hebrew Kabbalah, which is an inner Tradition of Judaism, and there is a Hermetic Kabbalah which came into existence in the Middle Ages. It is one of the main bodies of tradition on which the Western Occult Schools in have built their systems.

The centerpiece of the Hermetic Kabbalah is the Tree of Life with its 10 Sefirot and 22 paths.

What is the Tree of Life?

The Tree of Life is a series of 10 divine emanations, called Sefirot, which are connected by 22 paths. Each Sefira (singular of Sefirot) has a numerical value from 1-10. It also has a very specific purpose. Each path is associated with a letter of the Hebrew alphabet as well as a Tarot Trump.

The Sefirot are:

- 1 – Keter Crown
- 2 – Chokmah Wisdom
- 3 – Binah Understanding
- 4 – Chesed Mercy
- 5 – Gevurah Severity
- 6 – Tiferet Beauty
- 7 – Netzach Splendor
- 8 – Hod Victory
- 9 – Yesod Foundation
- 10 – Malkut Kingdom

The Paths are:

- | | |
|---------------------------|---------------------------|
| 0. Alef - The Fool | X. Kuf - The Wheel |
| I. Bet - The Magician | XI. Lamed- Strength |
| II. Gimel - The Priestess | XII. Mem - The Hanged Man |
| III. Daleth - The Empress | XIII. Nun - Death |
| IV. He - The Emperor | XIV. Samek - Temperance |
| V. Vav - The Hierophant | XV. Ayin - The Devil |
| VI. Zayin - The Lovers | XVI. Peh - The Tower |
| VII. Chet - The Chariot | XVII. Tzaddi- The Star |
| VIII. Tet - Justice | XVIII. Qof - The Moon |
| IX. Yud - The Hermit | XIX. Resh - The Sun |
| XX. Shin - Judgment | |
| XXI. Tav - The World | |

What is Gimel?

Associated with the Tarot Trump II, The High Priestess, Gimel is the third letter of the Hebrew alphabet. On the Tree of Life, this path forms a connection between Tiferet (Beauty) and Keter (Crown). Tiferet is the Sefira that represents our solar consciousness, or Higher Self. It is here where we encounter our Holy Guardian Angel. Keter is the first Sefira. The primal swirlings, the first stirrings of God in this universe. The path of Gimel, then, connects our Higher Self with the Divine Consciousness.

This path crosses the vast abyss between the Creator and its Creation.

What do I do?

Because this CD is intended to induce a trance state, you should never play it when you are driving a car, operating any dangerous equipment, or are in any other situation that requires you to be fully alert. When using this CD, you should be in a place where you

can relax and be undisturbed for at least a whole hour.

Before using the CD, you should consecrate your workspace in a way that works best for you. This can be something as simple as visualizing your space being surrounded by white light or something as involved as casting a magical circle. Use your own best judgment.

Burning incense associated with the qualities of the moon, such as sandalwood, will greatly enhance your experience.

Also be sure you have something comfortable to lie on, such as a yoga mat. If you chill easily, a woolen blanket will make your experience much more enjoyable.

The CD is very effective when you use a set of headphones. There are times, such as when you are working with others, when headphones are not the best solution. In that case, you may want to space out your sound system's speakers in such a manner that they encompass all individuals who are participating.

Doing the actual work is simple: all you need to do is lie down, relax, and enjoy the program. Be sure to write down your memories or impressions afterwards.

On more than one occasion it has happened that listeners of the CD could not remember anything right away. But some 24-48 later, they experienced amazing spiritual insights. So you should pay good attention to your thoughts and insights for some time after you have finished the session.

Naturally, you can use this program more than once. In fact, if you work with it on a daily basis over an extended period of time, your psyche will attune itself to the vibrations of this particular path.

This is only one of what will be a series of 22 audio programs.

Next in the series:

1. Tav – to be released early to mid-June 2005
2. Shin – to be released late June 2005
3. Resh – to be released early to mid July 2005
4. Qof – to be released late July 2005
5. Tzaddi – to be released early to mid August 2005
6. Peh – to be released late August 2005