

The Peaceful Anarchist's
Handbook

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For the working class

From the Tao Te Ching

Seventy-Five

Why are the people starving?

Because the rulers eat up the money in taxes.

Therefore the people are starving.

Why are the people rebellious?

Because the rulers interfere too much.

Therefore they are rebellious.

Why do people think so little of death?

Because the rulers demand too much of life.

Therefore the people take death lightly.

Having little to live on, one knows better than to value life too much.

Lao Tsu

As Translated by Gia-Fu Feng and Jane English

I pledge Allegiance . . .

The symbolism is everywhere.

Work hard, play hard—create an illusion that you are all powerful, that you have endless resources and infinite wealth at your disposal.

Although not energy itself, money exists in our world as a symbolic representation of power. In its most obvious form has the power to do many things in the world, create and destroy, as well as to bring healing and peace. But regardless of any illusion it may create, actual currency remains just a *note* to authorize the expenditure of energy.

Energy itself exists by *our* creation, by our will to survive, by the simple desire for us to sustain our bodies in the world. And although some seem required to push

themselves to extremes just to survive, if no one agrees to stand up and act, money is powerless.

We have believed that we were all created equal, yet some of us are required to work much harder and with fewer benefits than a select crowd that seem to reap the greatest rewards in life. Somehow these elite have become the beneficiaries of unfathomable wealth, their positions in life further entrenching themselves into a power that they have learned to manipulate. But they can do so only with *our* consent. We must agree to give our resources, our earned dollars, back to the wealthy.

Physical energy exists in finite form and is regulated by people that agree to be willed into action on its behalf. If no action is agreed upon, there is no power to be given away. This gives *control* of the wealth to the largest segment of the population—the *working class*.

The birth of innovation brought many things to the world, resulting in the creation of a marketing industry to introduce the new products that would make our lives easier. Industries and entrepreneurs reached out to us, offering gifts that liberated us from hours of labor. Lawnmowers, washing machines, telephones and televisions all helped to make our lives easier, eliminating many hours of labor that had before been a necessary part of our lives. Tremendous growth and change ensued.

Faster than we could blink, the industrial revolution carried us off into a new age of reaching, looking for the next innovation, leaving us unconsciously believing that the next one would free us, and to restore our hope and power. We've been waiting for something to liberate us, something outside of ourselves to grant us freedom. *We are still waiting.*

The world is made up of many loving and caring people that desire goodness for each other and their neighbors. Many of us desire to give, and to feel oneness with everyone we meet. This is the source of strength for a culture, but it is also a power that can be manipulated against our best interests. For in the present age, while being overworked and overstressed, we are often left with little time to reflect and become fully aware of the choices that are

presented to us in each day, in each moment. It is as though we are in a haze, half asleep.

With the introductions to our lives presented by manufacturing, marketing strategies have become desperately refined to tap into the buying power of the common person, for it is the common person—the largest segment of the world’s population—that has the power they seek.

Left in our present states of emotional overload, we are much too vulnerable to the influence of marketing strategists and the media outlets that are attempting to influence our life choices. We too often believe what we read and hear, and as a result, give power way to interests that do not represent us. Out of our goodness and desire for others to have abundance, we give away our self-protection. It is very easy to spend away resources by giving them to factions that take advantage of our goodness. By purchasing unneeded items and living unexamined lifestyles—lifestyles that have been expertly marketed to us—we allow our wealth to be stolen.

There are many reasons, emotional and psychological, why we have chosen to remain silent while allowing others—*that insist they are more knowledgeable*—to control and dominate our world. And it is not that we are unintelligent. In fact, it is often our wisdom that prevents us from

becoming overly aggressive in the world. But the fact remains—*we do give power away*—and often to ones that have less experience and knowledge than we have ourselves. It is just that they have the confidence—*Confidence that is most often born from the absence of wisdom.*

For the most desperate and unwise are often the most vocal and willing to demand control. They are also the worst candidates to be placed in positions of leadership. But that is where they choose to be. And we are the ones to place them.

With too few of exceptions, we are not represented in our world. The working class must have representation in our governments. For until the common person is represented by common people, no real change can occur.

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It is very difficult for anyone to become elected to office, in our world today without an alliance with Special Interest. But our representatives must be able to walk into office with a free conscience, loyal only to the constituents who placed them.

For most candidates, the euphoria from the possibility of gaining a political advantage in life becomes too attractive. And by choosing to align with Special Interests, many of their election burdens are relieved. For as soon as a well-

intentioned candidate rises above the masses, they can immediately find the support of Special Interest. They are supported both financially and emotionally, often unaware that they are becoming beholden to those interests.

The problem of course, is that the moment a candidate receives money or some form of support from a Special Interest, they are no longer primarily responsible to the voter. Regardless of any spin they can and will make, the burden of their allegiance is tainted. Somewhere in their mind, they will always remember the Special Interest that made their election possible. They can no longer remain impartial.

Each elected official must enter office with a clean conscience, only thinking of representing his constituents to the best of his or her ability. In most of our present systems, this is virtually impossible.

Reforming the electoral process is the most important issue on the table today. For when the slate is equaled, when everyone is given a fair chance, the wisest and greatest potential leaders will emerge—Leaders that have been prevented by their ethics from reaching political office. We need them—and they do exist.

It could be said that we have been tricked—tricked out of our power, hope and control over our lives by unseen

forces. These factions convince us to buy their products and obediently give most every earned dollar back to them. There will never be peace in our world until each of us feels in control of their lives and destinies—A fantasy for most, but a genuine destiny, because of one overlooked truth. A very small minority of the population owns the majority of the world's wealth. And there is more than enough money—energy—for everyone.

The belief that wealthy must become wealthier is a belief perpetuated by the wealthy through the media outlets that they own. It is time for us to say *No*.

Our Obedience

Throughout time, mass populations have often been exploited, but in the most recent age, the speed of powerful media venues—magazines, newspapers, radio and television—have challenged us beyond our ability to discern. Rapidly bombarded with thoughts designed to make us feel less than we are, weak, disadvantaged and in need of reassurance, we do not have the time to truly understand the messages we face.

Shown images of items and lifestyles that can be *purchased*, we are given the promise of redemption. All we must do is give the energy away, hand over the money and we can embody the imagined power. Of course there is a price to pay, one that is often too large—the loss of personal freedom. As every purchase requires us to spend more time away from our families—*working*.

Different from the more obvious forms of slavery, we are owned by others when we participate. We must give energy away in order to receive their blessing—unless we choose to see beyond the illusion.

But in order to do this, we must gain a sense of vision, find a higher perspective, and step beyond the current belief in powerlessness.

A Leap in Consciousness

When we come to realize that we deserve a better life—greater possibilities for goodness will exist for us. It is just that we must presently wade through many opposing subliminal messages and images. When we can finally see through the illusion they create, a new type of civil rights movement will exist in our future. It is just very difficult to believe we are worthy of a better life while remaining in a state of limited consciousness.

Enslaving beliefs are prohibiting our movement and empowerment. Constantly shown images of beautiful and unattainable physical bodies and lifestyles can cause us to harbor the belief that we do not measure up to the world's expectation. And we don't. We do not live up to the lives marketed to us as perfection, and for a good reason. Deep down, we know there is more, that there is greater hope and a more profound sense of wholeness that exists for us to

model our lives by. We resist behaving according to worldly beliefs.

For us to gain control over our lives, we must first become vigilant over what we expose ourselves to. If we do not consciously face the messages that we are shown, we will walk each day with less confidence and power.

The messages are designed to weaken us—if we do not align with their desire.

We must be able to see them for what they are— attempts to undermine our personal levels of self-trust and confidence, and to manipulate our work, behavioral and spending habits. We are marketed a life that undermines the power of the common working class—that uses our Great Power for the interests of others—that obtains our wealth.

But all of these challenges are part of the tests we must face, tests that will eventually bring a higher consciousness to each of us as we gradually refuse to be manipulated for the interests of others. When we are able to stand up to our opposition, when we are finally able to clearly see who they are, our power will return. Then we require our governments to create policies that protect individuals—not corporations.

The Adversary

Since each of us play a role in empowering the current distribution of wealth, it is difficult to reasonably place blame. Since each participating member in our world contributes to the current imbalance, it is our own individual responsibilities to awaken to new possibilities. With the control so evenly spread throughout the multitudes, the power is almost imperceptibly lost. Even the ones reaping the greatest monetary rewards do not fully understand the implications. They are unable to completely comprehend the suffering they are creating and perpetuating. And because of this, it is not up to them to stop, but the responsibility for each of us to see beyond the illusion and choose to not participate in the same way.

While an immediate and dramatic reform in our behavior is not necessary, I do see that power comes back to those that seek, in increments that are attainable. We can

refuse to fully participate and spend in the same way as before. But in order to find freedom, we must first look to see the reason for our powerlessness.

The evolution of consciousness continually presents the masses with new civilizations, for the purpose of offering greater freedoms to its people. For whenever a population masters existing freedoms, time for change ensues and either a new government is formed, or an existing one evolves.

Looking back through history, we can see that by internally evolving in thought, we evolve our external conditions and attain more freedom. So it could be said that our suffering creates the birth of greater freedom, as it makes us become more acutely aware of our need to find greater expression.

And although there will always be moments in which a society seems to take a step backward, the general trend places more control of ones choices, in the hands of the individual. We always receive more freedom the moment we can conceive that is truly something we deserve. This fact in itself neutralizes all cause for war.

Violence

It is the failings of a society that creates violence within a world. When people believe the ability to lie or deceive is justifiable, that it's even an admirable quality when defending our own positions, we open ourselves up for teaching. Dishonesty in any form is always an expression of the most fearful—and always accompanied by consequence.

We are a world that worships the aggressive and arrogant and we force the passive here to endure situations and lives that do not pay respect to their souls. It is for this reason that the possibility of violence exists within a world. For when the Dominating forces of a culture take too much of the abundance for themselves, Violence steps forward until balance is restored. For when we truly take care of the violent souls here, show them self worth and encourage their abundance, they will become pacified and no longer have the energy to create destruction.

Though we often prefer to hate them, we must find ways to lift up the desperate and hopeless. Because when we can look inside of ourselves, and find more appropriate expressions for our hatred, the once objects of our hatred, will join our world in oneness.

New Economies

The fear that accompanies change also perpetuates the lack of resolve. For if one would listen to the news for only a brief moment, we would likely hear how important spending is to our economy's strength. It is this belief that keeps us in the current cycle of power loss, opposing change.

Because money is energy first, it must continue to flow and will always seek balance. So regardless of any controls we may wish to place upon it, it is still the energy itself that sustains a society. We may choose to spend our energy perpetuating darkness, lining the coffers of the wealthy, or we may give it back to ourselves. But it must always flow.

Incremental changes in spending, though usually slow to come about, will cause the creation of new social programs and a new balance in government. The energy must be placed somewhere. If it is not put in the hands of the

wealthy, in the long run it will return to our own hands. And at the time of our choosing, we will create new programs that perpetuate hope and encourage peace, sustenance and manageable life. This will be our gift to ourselves, long overdo, which will create even more energy for change. It is the first step in making peace in our world, for first there must be peace in our homes, and next our countries.

New Paradigms

For as long as most of us can remember, upon waking in the morning as children, one or more of parents had already left for work. Depending upon our age at the time, we would either spend the day at home with a parent, a relative, or at the day care—if older, at school before returning home mid afternoon while most of the adults remained at work.

We have been programmed to believe that we must work—long hours—indentured by preprogrammed spending habits that often leave us with barely enough money left over to pay for the basic necessities of life. We seem to feel that we must find ways to purchase at least some of the technology our culture requires, becoming further indebted to lending institutions.

We do not deserve, or need to work as many hours as is currently required for our survival. We just do not yet believe it.

But with age and experience comes wisdom, affording us a new vision and new choices that we may pass down to future generations. We must do this if we are ever to have a world that can place a limit upon suffering, for our world is far too complex today for there to ever be any hope of dominating individual behavior. People can no longer withhold their rage. We cannot require conformity in the way that was possible just a few decades ago.

Instead, it will be by controlling our individual choices that will bring calm to the most desperate. Managing our own desperation, we add peace to the collective pool of consciousness, and it will be by this action—taken completely on an individual basis—that will bring an end to the violence.

When we choose to see our own suffering, as well as the world's suffering, we will take the necessary steps to bring this to an end. When we choose to lift up all people, we will open the doors to experience a world that we have yet to even imagine.

Releasing

When one feels pressured or rushed in their daily life, the desire is often sourced from energy that is within. If we wish to rush through our lives, we may be trying to run from what is actually inside of ourselves.

It is for the purpose of purifying our souls that we are exposed to the frequency of fear in our world. For when fear no longer exists within us, we no longer resonate with it outside of ourselves. We no longer become frightened when we see fear in others, when we watch them magnetize desperation into their lives.

Many try to numb their awareness through alcohol, drugs, overeating or another mood altering activity, for the purpose of suppressing the awareness of fear. An exciting hobby can actually allow us to suppress.

But when feeling the need for a rush of adrenaline, if we are to stop ourselves for a moment, great power can be found.

By going within to search for the fear that compels us into action, we begin its release as our behavior modifies to become more in-line with our greatest good.

We may decide that we don't need to work as hard, or that we have even more to give. But regardless, when we stop trying to *swallow* this energy, we become truer to our deepest longings, and less likely to be thrown into an undesirable situation. On an energetic level, this is how one raises their consciousness.

You must be the change you wish to see in the world.

Mahatma Gandhi

For information on classes in Lucid Dreaming, or to contact the author, write to dreamclasses@yahoo.com

About the Author

Although raised in the city, John Stone was introduced to the outdoors as a young child and often enjoys spending creative time, walking amongst the life-giving trees of the forest. It is there where he finds the inspiration for his writing, and after living many “incarnations,” first as a salesman and horse trainer, he finally settled into a life as a carpenter. Citing two of his greatest life influences as a one-year apprenticeship to a female Shaman and an eleven-year study with spiritualist/medium, the late Carla Neff Gordan, he spends his spare time practicing fire spinning, tribal dance and teaching classes in lucid dreaming.

