

HOW TO PSYCHE YOUR WAY TO WEALTH

SUCCESS AND YOUR SUBCONSCIOUS MIND

Have you ever wondered why some people seem to attract success ? Perhaps you've wondered why you've tried hard to get ahead for years and still you are not as successful as you feel you should be. Have you stayed in the same job and watched others surge far ahead of you? Do you frequently have problems making ends meet? Are you unhappy with your present job? Do you feel you were cut out to do something else? Do you want to make a change, but don't know to what? Are you tired of having financial problems? if so, read on.

The first step to success is to prepare your mind so it will be able to accept change. You have to convince your mind that you will be successful.. Wealth is a state of mind! You have to absolutely believe with your heart and soul that you deserve to be successful. This means you have to really believe and that means more than just giving the idea lip service.

True belief comes from deep inside your core. You have to convince your subconscious mind before you can convince your conscious mind. Your subconscious mind will only believe what you feel is really true. If you have any doubts, your subconscious mind will doubt also. You have to find something that you can truly believe in. You certainly can't trick your mind into believing you are rich and successful when you are out of work and about to be evicted from your home. Your affirmation must be one that is believable to your subconscious mind. Your mind cannot except something it knows is not true.

You need to find something believable before you begin your transformation into a wealthy and successful individual. Your subconscious mind is very creative and never can run out of ideas of different things for you to do or think. Your mind is a storehouse of ideas. If you plant a seed in your subconscious mind and leave it alone it will grow. Don't interfere with that growth with bouts of negativity and doubt. Think of your subconscious mind as a bank and your positive thoughts as deposits and your negative thoughts as withdrawals. Obviously the more deposits you have, the more you will have to invest. Every night before you go to sleep deposit some wonderful positive thoughts into your account. For example, say to yourself, "I will have the money necessary to meet my bills. That which I need will be there when and as I need it. I will have peace, happiness and prosperity. mind will show me the way to achieve positive results from my talents. The road to wealth and success will open." Repeat these statements in the morning as well.

The more you dwell on positive thinking and achieving wealth and success, the quicker you will get some positive results. If you go through life making statements like, "I can't pay my bills. There is never enough money." You are attracting negativity to you. Your subconscious mind will see your statement as a wish and will fulfill that wish. These types of negative statements said over and over again act as affirmations. How can you hope to ever be successful if you are constantly defeating yourself?

Are you one of those people who complain all the time about never having enough money to do anything? Do you always complain about never having enough time? Are you always struggling? Are you always in debt? Are you jealous of those who have wealth and success? Are you envious of others? Do you say critical things about those people? For example, "He has some racket going for himself, everything he touches turns to gold.." Etc. These negative thoughts detract from your ability to succeed. We must all be happy for another's good fortune. When you feel joy in the success of others, you will attract the same energy to yourself. Please catch yourself every time you feel envy or dismay at another person's achievements. Every time you do this, stop and immediately say over and over again to yourself, how overjoyed you are and that you wish that person only greater success. You will be surprised because as you say it, you will actually begin to feel it. When you feel this joy for another, you will sense a strong feeling of over-all well being.

Once you understand the power of your subconscious mind, you will be able to use that power to achieve your goals. When you have set your mind in the right direction, nothing will get in the way of your success. You will be able to overcome all obstacles. Your mind must be totally convinced that lots of money will always come to you. You must truly know that you will be successful and always attract money. People who constantly complain that money is the root of all evil will never have money. This bad concept has to be changed in order to achieve financial success. These people have to develop the right attitude about money. I have heard some say, "I don't like money but I like what it can buy." How about saying, "I love money! I am never without money. Money is always available to me." Negative thinking about money and those that have wealth impedes the flow of wealth to you. You are actually condemning the very thing you want for yourself. Please be happy for those who have all that you wish to attain.

Be wise. Affirm your wisdom. Keep saying again and again that the wisdom you seek will be there for you. Remember you to affirm the attainable. You cannot fool your subconscious mind. As you learn to have a positive outlook towards yourself and others, the way to achieve your goals will be there for you. Let's talk about the steps to success. Do you know what you want to do? Is something you are able to do? You cannot be a brain surgeon without going to school. You cannot be a great artist without the talent and training.

Remember also that practice makes perfect. If you are a brain surgeon, it is not enough to train and work as one, but you must constantly keep abreast of the latest finds in the field. People who are successful in any field constantly study and learn about others in the same field. It is not enough to attain your goals, but one must keep up with new developments and ideas to stay in the game. If we allow it, our subconscious mind will reveal to us our true vocation. If you are lost, tell your subconscious mind to please solve this problem for you.

SUCCESS AND PEACE OF MIND

What is the meaning of success? Do you measure someone's success in terms of money or fame? There are many different answers to this question. How about living an over all successful life? How about happiness, peace, or love? There are tangible and intangible successes. Take a moment and stop and think about this, and I'm sure you will say that you want both the tangible and the intangible successes in your life. There are different types of security, financial for one, and how about emotional? It is important that you not let go of these intangibles when you begin your quest for the tangible successes. When you discover the things you love to do and are capable of doing, you must then find the way to do them. You achieve success when you love to do the things you do. Keep in mind that you must do it very well and never stop trying to do it better, that is true success.

Real success is more than just making money, there is true success when you also have peace of mind. You need to have spiritual and mental growth along with your financial growth. Have you heard the expressions, "I wanted it so badly I could see it, taste it and smell it even before it happened." Some people visualize something happening over and over again, and don't stop until it happens. Many believe in the power of prayer. They pray every night for their wish to come true. The subconscious mind then brings it about. Many successful people have used the power of their subconscious mind to achieve their goals. It is very important for you to learn how to use your power.

If you can concentrate and see what you want very clearly, your subconscious mind will set in motion the steps needed for this wish to come true. Have you heard the expression, "He will never be successful, he's just a dreamer." We all have the ability to dream. The trick is to pick a dream that is achievable and concentrate on making that dream a reality.

If you have in mind a particular job position, the first thing you can do is imagine yourself in that job. See yourself sitting at the desk, on the phone, having meetings, etc. Act as though you ARE and you WILL be. See this vision over and over again and your subconscious will look for ways for you to get that job. Never sit on your imagination. It is a valuable and powerful tool when used correctly.

If you have problems that you have not been able to solve, see yourself solving those problems. Imagine any scenario that works for you. Do you believe in angels? Imagine your guardian angel talking with you and telling you how to solve your problem. If that is too way out for you, substitute a person whom you hold in high regard, for the angel. Try it and see how it works for you. Remember everything you imagine happening must be very realistic and clear. Remember, nothing happens over night. Many trees can take quite a bit of time to bear fruit.

You must remember to relax when you work on your subconscious mind. You can't push ideas through. You must feel peaceful and calm. It is impossible to concentrate if your mind is jumping all over the place. Your mind has to be relaxed in order to receive the messages you are planning to send. You use your conscious mind to tell your subconscious mind to relax and prepare to receive messages from your subconscious. It takes conscious thought to be aware of, and to awaken the power within your subconscious.

Once you feel that you are sufficiently relaxed, you can send your message to your subconscious mind. This message can be in the form of words, or even a visual picture of what you want. You must be perfectly clear in expressing your desire, your idea, even if you send this message in the form of a visualization. Once you have conveyed the message to your subconscious mind, see it actually happening. You have to believe without any doubt that your wish is viable. For example, you can't wish to be twenty years old when you are actually forty. Your subconscious mind has to know that the idea can be turned into a reality. Consciously tell your mind to please fulfill your request in the best manner possible and as soon as possible.

Practice makes perfect. Don't give up. Stay positive and focused. It is easy to be positive and focused when all is going your way. I know it is hard to do so when all is going against you and you feel you have always hit one obstacle after another. When it is the darkest, that is when your visualization and focus is most needed. Being able to overcome the difficult times and still hold on to your dream, separates the winners from the losers. When you have your mind set on an achievable goal and you have learned what you needed to learn and have set things in motion, you have a true shot at success. The strength you will have gained from overcoming adversity will be invaluable in all you choose to do in life.

Start now! Remember, today was yesterday's tomorrow!